**DAY 7**

**SPEAK TO IT**

*“Jesus said, I assure you and most solemnly say to you, whoever says to this mountain, ‘Be lifted up and thrown into the sea!’ and does not doubt in his heart [in God’s unlimited power], but believes that what he says is going to take place, it will be done for him [in accordance with God’s will.]”*Mark 11:23 [AMP]

Perhaps you’ve underestimated the power of speaking out loud to your enemies, mountains, and seemingly insurmountable obstacles that lie between you and God’s best for your life. Jesus was quite clear that the release-point of power is when we “speak to it.” In your devotional time today, I want you to consider the power of audible, intentional declarations that are in alignment with the Word of God and filled with faith. Lift your voice to a new level of faith, intensity, and volume. Although meditation is powerful, it’s not enough to mediate on God’s ability to move the mountain.

It’s not enough to call the intercessors or ask others to pray about your mountain (although the prayers of agreement are powerful.) The operative words, the release point, the power moments are found in these words of Jesus…”whoever says to this mountain.”

**CHANGING SPIRITUAL AND PHYSICAL REALITIES**

Let’s consider how we receive salvation and become believers. Romans 10:9-10 says, “If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.” Belief without confession does not bring about supernatural change; neither does confession or declaration apart from a living faith; it takes both! This principle is first seen in the first three verses of the Bible and throughout the Word.

“In the beginning God created the heavens and the earth. The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters. Then God said, ‘Let there be light,’ and there was light. Genesis 1:1-3

Three elements from this verse are present every single time we pray prayers that bring effective change.

* **THE MESS**

“The earth was formless and void.” According to the Amplified Bible, the earth was an empty formless waste. This speaks of the mountain, the trial, and the mess of our lives that looks beyond repair or change.

“It is written, ‘I believed; therefore, I have spoken.’ Since we have that same spirit of faith, we also believe and therefore speak.”  
2 Corinthians 4:13

* **THE SPIRIT**

“*The Spirit of God was hovering*.” This speaks of our prayer time when we encounter and are empowered by the Holy Spirit. It’s worth noting that the Holy Spirit is not opposed to hovering over the mess. God is not nervous or embarrassed by the messes in our lives. The Holy Spirit will come close and get involved with your worst-case scenario situations!

* **THE SPOKEN WORD**

“Then God said.” The Holy Spirit was hovering, but nothing happened until God spoke. This reveals our need to speak out the will and Word of God over the situation.

***When we truly believe what God is going to do, we will speak it out!***

The reverse of that principle is true as well. When we allow unbelief, doubt, and fear to gain the upper hand, we find ourselves speaking in agreement with the circumstances and lies of the enemy.

Many years ago, I went through a prolonged trial of discouragement and confusion that led to depression and eventually despair. It was only by the grace of God and the prayers of people who loved me that brought me out of a very dark pit. As this dark valley became my reality I began to lose my song. My voice of praise and declaration of God’s will and goodness went silent. Yes, I still loved Jesus and wanted to do His will, but somehow, I was slowly silenced by a very real enemy. ***The breaking point came when I made a decision, followed by a declaration that “I would not go down in silence.”*** In other words, I determined I would sing and declare my way out. This is an obvious and time-tested scriptural principle practiced by King David, King Jehoshaphat, Paul and Silas, and a long list of others. And sure enough…it still works! If your praise has been subdued, your song silenced, or your declaration diminished you can decide right now that it stops here! From now on, you can become a radical, vocal worshipper that changes the atmosphere and circumstances by praising God and speaking to the mountains in your life!

**RECLAIM AND ACTIVATE THE WEAPON OF YOUR VOICE**

*“Beside the rivers of Babylon, we sat and wept as we thought of Jerusalem. We put away our harps, hanging them on the branches of poplar trees. For our captors demanded a song from us. Our tormentors insisted on a joyful hymn: ‘Sing us one of those songs of Jerusalem!’ But how can we sing the songs of the Lord while in a pagan land? (A time and place of bondage.)”* Psalm 137

This is a very sad portion of scripture as God’s people are taken captive and silenced. They willingly hang up their instruments of praise and forsake their songs of victory. This has always been the game plan of the enemy to push us into a place where we no longer raise our voice of praise and our declaration of victory. When you are tempted to, “hang up your harp” and forsake your song of praise, that’s the time to shake yourself and resolve that the enemy will not have your voice! You will not stay silent. Be clear on this decision today and join your voice with the great Psalmist and warriors of the faith who declared:

*“I will bless the Lord at all times.”*

*“His praise will continually be in my mouth.”*

*“My soul will boast in the Lord.”*

*“I will lift up my voice.”*

*“The dead do not praise the Lord. Nor do any who go down into silence;* ***But as for us, we will bless and affectionately and gratefully praise the Lord.*** *From this time forth and forever. Praise the Lord! (Hallelujah)”* Psalm 115:17-18 (AMP)

Today, let’s not complain or pray about our mountains; let’s decide to be obedient and with childlike faith, sing over the battle, and **speak to the mountain!** Are you ready?

**TAKE A MOMENT**

Identify and name the top three highest mountains, trials, or oppositions in your life. You probably won’t have to think very long as you’ve been staring at these intimidating mountains for a while. Once you’ve identified and named them, you will see them for what they are, a defying force of hell, an obstacle that is keeping you from God’s call on your life, a demonic attach on your family, health, or emotions. As you enter into your prayer time, speak directly to those issues, and do what Jesus told you to do…”say to the mountain!”

Speak to the Mountain / “O Lord, how blessed are the people who experience the shout of worship.”  
Psalm 89:15 (TPT)

**YOUR VOICE OF PRAISE HAS A FREQUENCY THAT WILL BRING BREAK-THROUGH**

Throughout the history of God’s people in the Old Testament and New Testament, He has used the power of song, shouting, praise, and proclamation to open prison doors, collapse walls, terrify enemies, confuse armies, scatter demons and open heavens. This sound is key in the arsenal of the believer.

* **PASSION REQUIRED**

There are times when prayer is sweet and intimate, times when we meditate on the goodness of God, times when we weep in His presence, times to wait quietly and hear His voice but this is not one of those times. Mountain-moving prayer requires passion, declaration and, I believe, volume and intensity! You may want to shut the door, turn up the music, or find a place where you feel free to make some noise s you ***speak to the mountain!***

**MEMORY VERSE**

*“I believed; therefore, I have spoken. Since we have that same spirit of faith, we also believe and therefore speak.”*2 Corinthians 4:13

**PRAYER DIRECTIVE**

Today, we come in the authority of the name is above every name, the mighty name of Jesus! We speak to the long-standing and intimidating issues that appear to be immovable obstructions. We speak to the mountains in our life! Take some time to find verses in the Word that specifically deal with your mountain. A simple word search on [***www.blueletterbible.org***](http://www.blueletterbible.org) or [***www.biblegateway.com***](http://www.biblegateway.com) will get you started. Spend time speaking those verses out loud, letting faith fill your heart as you declare the Word then speak to it! Do not be discouraged or dissuaded if you do not see immediate change, thank God that His Word is true, and continue to ask, seek, knock, and declare the Word of God until the mountains move!

**THOUGHTS & NOTES**